

Appendix 3: Contacts and Resources

Help Lines and services in England

National Domestic Violence hotline (Refuge)	0808 2000 247
Women's Aid Live Chat	https://www.womensaid.org.uk/information-support
Victim Support	0808 1689 111
Karma Nirvana	https://karmanirvana.org.uk/
Support for victims of honour based abuse and forced marriage	
Imkaan	https://www.imkaan.org.uk/get-help
Offers support to black and ethnic minority women	
Age UK	0800 678 1602
Hourglass (formerly Action on Elder Abuse)	0808 808 8141
https://wearehourglass.org	
Mankind Initiative	www.mankind.org.uk
Support for male victims of domestic abuse	0182 3334 244
Respect - Men's Advice Line	www.mensadvice.org.uk
	0808 801 0327
Rape Crisis (England and Wales)	0808 802 9999
Galop National LGBT Domestic Abuse Helpline	0800 999 5428
http://www.galop.org.uk/domesticabuse	
Respect helpline	0808 802 4040
For anyone concerned they may be harming someone else	
Forced Marriage Unit	0207 008 0151
Southall Black Sisters	0208 571 9595
http://www.southallblacksisters.org.uk	
Advice, advocacy, practical help and counselling for women/children experiencing domestic abuse and other forms of gender related violence	
Survivors UK	www.survivorsuk.org
For men experiencing domestic abuse	